



7 Triggers of DEMENTIA

1. Toxins

- a. Mercury, Fluoride, Aluminum, Arsenic
- b. Herbicides, Insecticides and Fungicides

2. Lack of Nutrients

3. Serious and Long-Term Infections

4. Trauma, High ACE Score, Stress, Depression

5. Consistent and Continual LACK of Sleep

6. No Brain Cell Energy

7. Attitude on Aging